

Pastor /Founder Rev. Kelvin N. Broadus http://churchugfe.freeservers.com/

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Lead Article The Painful Process of Perfection

As we all know, patience is a virtue. I am writing today to encourage you to continue to keep your motivation and joy during those times when patience is so pertinent. At the thought of this message, I am reminded of the story from childhood called the ugly duckling. See, the truth of the matter is, many of us now, or at some time in our lives have felt the ugly duckling syndrome. I will even go as far as to say that all children of God have gone through it, especially before getting saved. God just has this way of, in his awesome glorious ways, of separating those whom he loves from the world. It is so amazing though, the way He causes us to feel so out of place, like misfits, disliked by our peers, for there is always something there that just doesn't quite appeal or fit in with everyone else. This is not necessarily saying that the child of God was just completely exiled (though sometimes that is the case), but rather that when the Spirit of the Lord is upon you your comfort level is never at a complete high within the world. And though when the servitude of the Lord is in your heart you will be outcast tremendously, it is only a time of rejoicing. There are some out there, even reading this right now, that still don't completely realize how valuable they are in the eyes of the Lord.

If you remember the story of the ugly duckling, everywhere he went, all of the common animals reviled him. The called him

ugly, and because he was so different they would not allow him to be in their midst. They bragged about how much they had and how great they were in the eyes of others. It doesn't always take too much to be a hood star though. The fame and pizzazz from the devil is always short lived for it is built on the sand rather than the rock, kind of like high school popularity. Then after it's over nothing worth anything is left, or when the hood star leaves his own hood, he becomes the misfit that he attacked within his hood. I tell you, children of Christ, there is reason to rejoice in your out of place feeling. Take pride, joy, and confidence in that which is righteous for the word says in *Matt.* 5:10-12 "Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. 11Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. ¹²Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you." I want to also tell you though, that you won't even have to wait until heaven before you reap the rewards of righteousness, and even if you did, it would be worth it. But, God is good, and god is faithful, and will continue to be with you even through the process.

Then I am reminded of when the ugly finally did grow up and left his awkward stages behind. See when you are going through, not accepted, don't worry about it. One reason is that the opinions of those revilers isn't important enough for concern, and the other is that we have a God that is in control and knows

what he is doing. Now all of the critics became in awe of the one they once were so hard on. I know that "the wealth of the sinner is laid up for the just." Proverbs 13:22 That means that all of that which was flaunted before God's children in insult will one day belong to them. I also know that God is faithful. God will not allow you to suffer in vain, and He says to humble yourself that He may exalt you. Though the process seems painful, hold on, because the finished product is perfection. God is the master potter, and even though we may not see it, He knows what He is doing and is making a masterpiece of each and every one of us.

Remember, that which is achieved through hard work is, greatest appreciated. Another thing to remember is during the time of process is that, the more you resist the natural process that God is delivering, the longer it will take to receive the perfection. A sculpture cannot be sculpted until the material is free of all resistance, so as long as we resist, our destiny will be delayed. We cannot paint the car until all of the old paint is completely removed, and we cannot bake a cake until the dough is completely blended, because as long as the subject retains it's original qualities, the finished product will be compromised. On that note I shall end with prayer:

"Heavenly Father, may you remind us in our times of pressure and transition that it is only part of the process to create excellence from us. May you help us to renew our patience, as the final product will be worth all of the stress, and all of the pain to get us there? You are the master sculptor in our lives, and through you our perfection will arise. Thank you Lord for who you are, and all of our praise and honor are for you, in the name of Jesus, amen.

Health Tips

1 Corinthians 3:16

This month's health tip is in the area of hydration. Most of us have always been told to drink eight glasses of water each day. For those who have tried to, it is not an easy task, but yet the benefit is worth the effort. Something to

think about is the fact that most of our body is made of water. Water not only refreshes us, but it is necessary, even more than food, for survival as humans. In addition to sustaining us for our everyday functions, it purifies our bodies of toxins and biotic pollution, which without this purification we easily become victim of such illnesses as kidney failure and bladder infections.

There are often signs of dehydration, which will indicate that it is time for more water. Some of these signs include fatigue, dark colored and strong smelling urine, and a dry mouth. You can also recognize the lack of hydration in your skin due to its scaly feel and wrinkled appearance.

As far as what to do concerning it, you may not be able to handle eight glasses per day, and actually it was recently discovered by scientist that eight glasses may be too much, but do drink as much as possible. Try and drink water to the point that your urine becomes clear or very light in color. Don't make yourself sick though, to the point you are throwing up, as you must crawl before you walk. As you progress in this you should slowly but surely begin to notice a positive change that will reflect in your overall appearance and physical state.

Finally, concerning this fitness portion of the newsletter, beginning this upcoming month we are encouraging you to begin working on flexibility. As a part of the fitness ministry of UGFE Ministries, we plan on starting the active fitness ministry (exercise program) in the months of March and April. More information on that is to come, so stay tuned and keep an eye on the website in the following months for locations and dates.

What's New in the Ministry

We use this section of this newsletter to keep you updated on the current happenings of the ministry and current plans in the works. Here are the current updates:

- We are on a waiting list for our new P.O.
 Box, but you can still continue to reach us at the current address.
- During the month of March we plan on starting up regular Christian Empowerment Services in Columbus, GA, as well as regular Fitness Ministry sessions by the end of April.
- We are still in the process of improving the website to include audio files of sermons, and more frequent updates to the information listed.



UGFE Ministry Institute

UGFE Ministry Institute is continuing in its vision for educational growth and development of God's children, and pushing forward for the glory of God. We will be continually developing new coursework under the guidance of the Holy Spirit, to provide increasing levels of proficiency among students and potential students. As this educational outreach grows, we expect great blessings to come from it. Check us out on the web for more information, or to register for courses.

Pravers

Feel free to send us your prayer requests so that we may join you in prayer for your situation. If you'd like us to place your prayers in this newsletter or the website so that the rest of our partners and friends may also join you in prayer. I ask that you continue to hold this ministry in prayer, that we may continue to increase our service to the Lord, and touch the lives of those we come in contact with for the glory of God to be delivered. I also ask for the prayers of our Christian brethren around the world constantly facing persecution for their faith.

- Please pray for Salem AME to be blessed, debt free, with the needed new church bus that they may better serve the work of God.
- Please pray for Church of UGFE Pakistan, that the favor and protection of the Lord continue to surround them as they bravely serve Him in their dangerous surroundings.

Contact

If you would like to contact this ministry, please visit our websites at: UGFE Ministries http://churchugfe.freeservers.com/ UGFE Ministry Institute

http://ugfe.faithweb.com/

Email

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Please mail all correspondence to the following address.

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Support

Lastly, if you'd like to support this ministry in any way please use the previously listed contact information. You can give offerings with checks or check cards on the website. If you wish to mail a check, please make out to Rev. Kelvin N. Broadus, and indicate the purpose it is going towards in the memo portion of the check (e.g. general offering, love offering, faith seed, etc.) Once we complete our incorporation and IRS filing checks will be able to be made directly out to UGFE Ministries. Of course the one of the greatest, and none expensive ways of support is just your prayer. Thank you for all of your love.

By the grace of God, Kelvin