



UGFE MINISTRIES

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Lead Article **Thankfulness & Appreciation**

One of the most highly repeated phrases in the Bible states, “give thanks unto the Lord.” Why then do we think there is always such an emphasis on this? Why then do we think that we see this so much? The reason is obvious, because we have so much to be thankful for. Not only just the tangible benefits and blessings of the Lord, but also the spiritual and mental, and ultimately His love altogether. God loved us so much, even while we were yet sinners that He was willing to sacrifice His only son, that we selfish, uncaring, hateful souls could be united with Him in eternal glory.

Some still shall ask why so much, and to them the answer is that EVERY THING you have ever received worth being happy over is from Him. Every good thing comes from the LORD, it states in the Bible; and, in that statement, every truly does mean every. What we have to start realizing is that nothing we have achieved is from us alone, but only by the grace of God:

- The fact that you can even speak is a blessing from God, for He formed your mouth to speak with.
- The fact that you can sing is a blessing from God, for He formed your vocal cords to sing.
- The fact that you earned that degree is only a blessing from God, for He formed

the brain you think with, and gave you the perseverance to endure the 4+ years.

- The fact that you can outrun, out-jump, out throw, out-punch, etc., all of your competition is only because God blessed you with the body to be able to get strong, and the endurance to train.
- The fact that you can love and be loved is only possible because it was God who is love, and without Him it wouldn't exist, as in Hell-the eternal lake of fire.
- The fact that you are even here to do anything is only by the power of God who afforded you the ability; for your mere ability to do anything comes only from God above.

So, as we can surely see, we always have reason to be thankful.

That still doesn't affect some though, because it's not personal yet, so let us make it personal. Think about the times in your life where you have given and to those same persons you gave, no appreciation was ever given. Think about how it made you feel, as though all of your love and kindness to them was in vain. Make it more personal and think about how you'd feel if your only child had been killed to save the lives of others, and those others that were saved by your child's death showed no appreciation. Think about how you'd feel if you gave your heart to someone every single day, hoping for him or her to come to you, desiring to bless him or her continually. Yet they ignored your invitation and only came to you when they got themselves in trouble asking you to get them out of trouble; and they spend

everyday not even giving you the slightest bit of acknowledgement, even though it is you that takes complete care of them. How would you feel?

Lastly, take a moment to consider the gift, the eternal give of salvation that is available to you if you only believe. Think about eternal peace, health, happiness, love (all the things we desire in this life) that never have to end, and never having to face disappointment, pain, sorrow, sickness, guilt, shame, etc., ever again all because of the great love that is God. I guarantee you have reason to be thankful. Let's take the time to express it.

Health Tips

1 Corinthians 3:16

The health tip for this month is based on starting a new exercise plan. Whenever you start a new exercise plan, be sure to START SLOWLY. One of the key errors of injury is trying to move too fast. Yes, it might be true that you can remember when you could run two miles with no problem, or when you could do the most awesome, acrobatic fighting techniques, or dance the house down, but you have to remember, things change. Just the same as no matter how fast a car can go, it must always start from 0mph and increase from there. Even more ☺, the older the car gets the slower it becomes. Don't try to race your old 1986 Mustang (a bad car in its day) against a new Dodge Ram with the Hemi engine. Just don't do it or someone might get hurt. Likewise, don't think that you can always just jump right in where you left off years ago. Take the time to go slowly, and recondition your strength and endurance, and before long, you may be as good as new.

Disclaimer: You should always consult a physician before beginning any fitness program. This ministry will assume no responsibility for any injuries or trouble caused by this fitness information. Practice at your own risk. The writers only present you with information, but are not and do not claim to be licensed physicians nor personal trainers.

What's New in the Ministry

Most recently, on 7/31/04, Pastor Broadus held the 2004 Georgia UCFM Gathering at Psalmond Road Recreational Center. We were blessed with a wonderful singer, Matthew Stodghill, as well as preaching from Pastor Broadus, as well as Bishop Shirl Nero and Asst. Sr. Pastor Fred Nero, of the UCFM, from Orlando, Florida. There was a great display of food at the event, and even the ordination ceremony for the recognition of our previous ordinations. It was a great event.

Also, a few months ago we had a series called, "The Principles of Peace," that was held at Psalmond Road Recreational Center for its three-week tenure. We appreciate the Lord's blessings as we continue the work in His name.

Overall though, we are just continuing to press on in the vineyards of the Lord, ever seeking to be, and do, as the Lord desires in this ministry. Feel free to contact us, and/or keep up with us online at our website.



UGFE MINISTRY INSTITUTE

Concerning the UGFE Ministry Institute, we are welcoming guest ministers to feature their teaching products and seminars through our institute, in order to make available a wide variety of resources to help strengthen the walk in the Christian faith. Though these external products will be sold based on the price provided by the particular ministers, the UGFE Discipleship courses shall continue to remain free of charge, as well as the other teachings that are offered by this ministry, that the knowledge of Christ shall be available to all that seek it.

Prayers

During these times of war and peril, we ask that we all keep our country in prayer that we shall return to God as a whole, and His ways shall become the ways of our nation. This is surely possible if we unite as Christians and through such unity, seek out the goodness of God for our nation and our world.

As always, we seek prayer for this ministry that it may only grow in doing the Lord's will according to His desires. We ask that you pray for all of the silent requests that we have and receive here at this ministry, including those ministries in covenant with us from overseas. Finally, if you have any prayers that you'd like to add to our prayer list, please feel free to send them to us.

Announcements

- On April 6, 2004 the Broadus household increased through the birth of a little girl.
- There were recent general primary elections through the country last month. Don't forget to vote in the rest of the elections this year. Let your voice be heard.
- As always, Pastor Broadus is available speaking engagements and youth rallies, contact us for availability.

Contact

If you would like to contact us, please visit our websites at:

UGFE Ministries

<http://churchugfe.freeservers.com/>

UGFE Ministry Institute

<http://ugfe.faithweb.com/>

Email: UGFEMinistries@praise.com

Please mail all correspondence to the following address.

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Support

Consider becoming a financial partner or sponsor of this awesome ministry. We have a great work set before us to do for the kingdom of God, and through the support of such faithful members and partners, can continue to carry this work to those who are in need. If you'd like to support this ministry in any way please use the previously listed contact information. You can send any money donations via check or money order to the address above. We will provide you with a receipt of your donation upon request.

We believe in the laws of sowing and reaping, cheerfully, as found in the Holy Bible, and that if you sow by faith into this work of God, then you also shall reap of the anointing and blessings of God accordingly. You can support us in partnership, sponsorship, or by donation of any of the items listed on the website as needed. One of the most important forms of support that you can provide is also prayer. May you keep us in prayer and we thank you for all of your love and support?

By the grace of God,
Kelvin
