



## UGFE Ministries

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<http://churchugfe.freesevers.com/>

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### **Lead Article** **Stop The Ripple Effect**

There is a very important subject that I would like to cover this time, and it is the ripple effect. It is easiest observed in nature by tossing a rock into a pond. At the point of impact, a ripple will extend outward spreading a noticeable wave throughout the surface of the water. A wave in other formats can be just as noticeable and powerful, and if the format in effect is negative, the people in its path must either be strong and rooted in faith and truth, or be consumed by the destructive forces within it.

Have you ever noticed how quickly negativity can spread? It is important to notice this, as destruction is many times quicker than reconstruction. It takes a fire a day to destroy fair size area of the forest, but takes nature centuries to rebuild it. Rumors and lies destroy families and lives, which often are unable to recover. And even worse, as far as people are concerned, people will jump on the bandwagon and deliver negativity, with motivation, but completely refuse to do something good. I've seen people who were always spreading the word to everyone they knew to go to the club, to hang out drinking, etc., but as soon as they got into the church, barely even opened their mouth to encourage others, and to get others to come to church. The radio station DJ will go on all week, full of excitement, about the male strip show (which usually becomes a public

prostitution and fornication showcase by so-called decent women who somehow lose enough dignity to do these atrocious acts with complete strangers, the male gigolos, in front of everyone), but then she will not even tell three people, even in private, about any Christian service, revival, or crusade in town. Then that sinful advertisement will spread among the masses, influencing multitudes to partake in the sin with no objection. The wave of negativity doesn't even have to be that type though. It could be so simple as someone making you upset, and then you taking your anger out on your wife, or husband, or kids, or employees, and then they do the same thing thus causing the ripple effect. We have to learn to catch that negativity right where it is at and shut it down right then and there, so that at the least, it will not hit anyone else in our path.

Jesus taught us in the book of Matthew that we should build our faith upon the rock, upon the Word, upon righteousness, upon holiness, upon the true foundation of life, which is He. When that wave of anger, greed, hate, lust, or whatever it is comes your way, don't be like the leaf sitting on the water, but rather be the rock that doesn't move and prevents it from going any further. Be that unmoving rock of righteousness that reflects the wave back to its source and protects the path in front of it. When there are multiple rocks close together the effect can even be that of a dam, preventing anything from going any further. As Christians as a whole, we too can unite as one, and as we grow one by one, we can also begin to make a difference. I pray that we too shall follow the

example of the rock on the pond that shall not be moved but stand firm in righteousness. Don't pass your pain and frustration on to others, but rather protect them by ensuring that the "buck stops with you."

By the grace of God,

Kelvin

## Health Tips

### 1 Corinthians 3:16

The health tip for this month is making sure to have fun in your life. This of course refers to clean fun though. As adults, we have tons of responsibility, and as the old saying goes, "with much power, comes much responsibility." I can remember being a kid, and always thinking thoughts like, when I get older I'm going to do this and do that. I imagined having the power of authority, without the responsibility though, but in that childish stated didn't realize that one without the other produces chaos. The only problem that we usually face as adults, regarding responsibility, is that we fail to understand that responsibility is not meant to hinder us, but to protect us, which should make our lives more enjoyable.

Do you laugh on a regular basis? Do you ever take time to enjoy yourself anymore? Do you still imagine and/or dream? Are you ever free of stress? If you cannot answer yes to those questions, you could be in a dangerous flow of life that could even shorten your life span. Happiness is essential. Take a look through your Bible and see how God instructs us to be without worry. God wants us to be full of joy, peace, and happiness. Even when talking about trouble, He tells us to count it all joy. I encourage you to allow yourself to experience more joy and happiness in your life as well. The results will be miraculous.

*Disclaimer: You should always consult a physician before beginning any fitness program. This ministry will assume no responsibility for any injuries or trouble caused by this fitness information. Practice at your own risk. The writers only present you with information, but are not and do not claim to be licensed physicians nor personal trainers.*

## What's New in the Ministry

Please check out our website to see the various changes taking place. Some include the new online services starting in October, and the opening of membership within our organization.

We are still available for speaking engagements, training sessions conferences, and seminars, so you may contact the ministry for booking. Specialized subjects include:

- Maintaining a Life of Balance
- Confidence Without Peer Acceptance
- Understanding Self Worth
- Nature as Gods Perfect Example

We also open the door for you to receive our Spiritual Evaluation Services. These are provided to individuals as well as organizations, in order to discover weaknesses and strengths, that we may spiritually guide you, under the anointing of the Holy Spirit, to a higher level of excellence by arranging those things in your life for greater efficiency and structure. In this service, we establish a daily pattern that includes fitness, meditative prayer, and study to give you a balanced and peaceful lifestyle. It is truly a blessing for you to experience.

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### UGFE Ministry Institute

UGFE Ministry Institute is still undergoing some restructuring to create better, more in depth teachings. We are seeking partnerships in education with professionals in the ministry field, to provide new lectures and books to add to our coursework, providing more courses to compliment the life experience evaluation that comprises most of our requirements of study. We also are working to

offer more freely available resources for study right from the website, and eventually hope to have vast quantities of free resources for **all** types and areas of ministerial training. This will ensure that all people that desire to obtain quality education and training will have full opportunities to do so, without any concern of financial hindrance.

We are also completely about to disregard our Bachelor degree programs and replace them with discipleship courses. The Basic Discipleship Course is to provide our members with an understanding of this ministry, and it's purpose, and will contain review of our statements of belief, mission, vision, operational documents, and a foundation on Christianity and our purpose in this faith. The Advanced Discipleship Course is designed to provide those chosen for leadership in this ministry with foundations on how to carry out ministry work from a leader's perspective, following the principles and beliefs of this organization. The other seminary programs are gaining more material and requirements to provide for a better and higher quality education.

### **Prayers**

We praise God for all of the great things he is doing every day. Though sometimes it looks as though life is at the end of the rope, and you don't know how or if you're going to be able to make it, He is still there and He will still be right on time with everything that we need.

We seek prayer for this ministry that it may only grow in doing the Lord's will according to His desires. We ask that you pray for all of the silent requests that we have and are receiving here at this ministry. We also ask that you keep leadership in prayer, for if we are following, it is important that all of our leaders are headed in the right direction. This includes our parents, employers, government leaders, pastors, and anyone else that has received authority over us. Also, if you have any prayers that you'd like to add to our prayer list, please feel free to send the to us.

### **Contact**

If you would like to contact us, please visit our websites at:

UGFE Ministries

<http://churchugfe.freeservers.com/>

UGFE Ministry Institute

<http://ugfe.faithweb.com/>

Email: [broadplusus@excite.com](mailto:broadplusus@excite.com)

Please mail all correspondence to the following address.

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### **Support**

Consider becoming a financial partner or sponsor of this awesome ministry. We have a great work set before us to do for the kingdom of God, and through the support of such faithful members and partners, can continue to carry this work throughout the world. If you'd like to support this ministry in any way please use the previously listed contact information. You can send any money donations via check or money order to the address above. We will provide you with a receipt of your donation upon request.

We believe in the laws of sowing and reaping, cheerfully, as found in the Holy Bible, and that if you sow by faith into this Work of God, then you also shall reap of the anointing and blessings of God accordingly. You can support us in partnership, sponsorship, or by donation of any of the items listed on the website as needed. One of the most important forms of support that you can provide is also prayer. May you keep us in prayer and we thank you for all of your love and support?

By the grace of God,  
Kelvin

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